



CHECK-IN BOARD LABELS



Cut out the labels and stick them on a board or display, placing the different emotional levels vertically on the left hand side, from low to high. Leave space on the right next to each of the feelings. Each lesson, pupils will have the chance to write their name on the reverse of a sticky note, then add it to the section which best describes their mood. This enables the teacher to understand the mood of the class before beginning. After each lesson, the teacher can check the names on the back of the notes, and speak to pupils who may need support.

